

MURRABIT GROUP SCHOOL



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NEWSLETTER

- 17th June, 2020

School Values:

- Respect
- Honesty
- Teamwork
- Learning
- Persistence

*Murrabit Group School respectfully acknowledges
the traditional custodians of the land.
We pay respect to their ongoing living culture.*

Dates to Remember:

24th June Mini Cross Country
26th June Last Day of Term 2
Working Bee
- **Dismissal at 2:30pm**

*“Good communication is the bridge
between confusion and clarity.”*

Hello Everybody,

Grade 2/3/4 Renovations

The Renovations to the Grade 2/3/4 Room are close to happening with Stage One occurring during the school holidays. To enable this to happen there will be some disruption to the classroom programs, with Grade 2/3/4 moving into the big building and doing their learning from the Open Learning Area for a few weeks after the school holidays.

Stage One of the renovations will see the upgrade of the corridor. This will see the replacement of the walls in the corridor, repainting of the corridor, replacement of shelves, bag hooks and trophy cabinet. It will also see the restumping of this building which is very important to any future works moving forward. After the restumping new carpet will be laid which will help to give the room a fantastic fresh look.

Stage Two, which will take place later in the year, will see the refurbishment of the outside of the Grade 2/3/4 building.

Stage Three will take place at the end of the year. It is the repainting of the inside of the Grade 2/3/4 classroom.

All this promises to make this classroom a wonderful learning area for our school.

Working Bees

We are having two working bees in the coming weeks.

1. The first is next **Friday, the 26th June. This will start at 1pm** and is to clear the Grade 2/3/4 room ready for restumping. Can you please contact me if you are able to help with this working bee. If we get enough helpers hopefully we will be done so that the children can go home with their parents at 2:30pm

2. The second is to tidy up the school grounds. This will be on **Sunday the 12th July, starting at 9:30am**. Please bring along gardening tools.

Assembly

It was great to have our first normal assembly for the term this week. The children were able to sing the National Anthem, be presented with Student of the Week and find out about what would be happening at school for the week. Things are slowly getting back to normal.

Reports

Reminder that reports will be sent home next Friday, the 26th June.

Last day of term

The last day of term, Friday the 26th of June, will see an early dismissal. Students will be dismissed at 2:30pm.

Have a great week, **Greg**

Bus Timetable

The new bus timetable for term 3 is attached.

Parents & Friends

Thank-you to those that were able to make our meeting or put in apologies for yesterday. It was great to catch up in person with those that were able to attend - a little cold and wet to start but the sun managed to come out and warm us up eventually.

We have made tentative plans to move forward with planned activities and fundraising events for the remainder of 2020. With COVID-19 restrictions lifting and circumstances changing continually, we will continue to review each of these activities as we move forward.

Hard to believe but next week will see the end of Term 2!! Parents and Friends will be supporting the activities planned for the last day of Term 2 by providing some special treats for the kids to enjoy with the fun activities planned. :)

Kind regards, Michelle & Sara ☺

Curators

June – 1st Half – **Lacey**
 - 2nd Half – **Heritage**
July – 1st Half – **Henderson**
 -2nd Half - **Larkin**



Students of the Week



Austin Gurnett - for working hard to complete his work in all subject areas! Keep up the great work Austin.



The Whole 2/3/4 class – for the positive attitudes and support for one another that has been displayed since returning to school

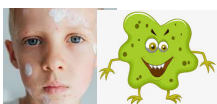


Dustie Thomson – for his organisational skills

Sue's News Returns...

Covid Cross Country (aka the "CCC") on Whacky Wellness Wednesday!

We are holding a **mini-cross country** next Wednesday (24/6) to catch up on our missed event in term 1. It will take part in our normal fitness time at 12.45pm. Our course will involve the children running in our school ground and on the recreation reserve. Will they spot our mystery guest? It is an **out of school uniform day** and the children can wear some **sporty clothes** with a touch of "Look out, germs about!" This could be: a few spots on the face or clothes; white or green complexions; looking a bit grubby, face masks; a sign! I will have some face paints for those who wish to add some colour. Let's have some fun together! Don't forget it is *important* to wear your **running shoes**! In the afternoon, we will be doing some ball handling activities...I wonder what they will be? You will have to wait and see!



Sporting Funding... Hockey



Schools \$650 for



We have \$650 to spend on purchasing some new sticks. Did you know that the cost of a hockey stick varies from \$500 to \$20. How much do you think our sticks will cost and how many will we get? We certainly won't be purchasing the expensive **one**!

Updates from School Sport Victoria.

In a nutshell, the only sport that will be going to State this year will be **Athletics** in term 4 for those who qualify. This means that our elite level athletes (aged 10 years and above) will get the opportunity to trial for this event later in term 3. If you would like any further information regarding this, please do not hesitate to contact me.

Our cluster interschool athletics will **not** be held this year. We will probably do our own **Kingfisher Vs Cockatoo mini-athletics** later in term 3, and hopefully more restrictions will be lifted and families can attend. Legs and fingers crossed!

The pack up has begun!

Our 2/3/4 classroom (aka Paradise) will be having a major overhaul in the holidays. So this means EVERYTHING that is not fixed will be removed from our room. We have started our clearance and we will certainly be looking forward to the end result. And yes, the mice have had some fun in our cupboards! YUK!

Last Day of Term 2...coming soon

It's almost here...PJ's, Bad Hair, Board games, Movies and Teacher Slaves...what more could we ask for!

We will be celebrating in style and enjoying our well-deserved last day of term. Our day will begin with the P-4 participating in a shared reading session that will have a dramatic edge. After this, we will begin our board games. The grade 5/6 class will join our games session after 10am. Our movie (yet to be decided) begins at 11.30 where the teachers and aides will magically turn into super slaves and provide a few COVID safe snacks proudly sponsored by our super Parents and Friends Club. How lucky are we!

Thank you Sue

Men's Health Week: 15 - 21 June
PAUL LACY – PROGRAM COORDINATOR FOR TACTICS FOR TOUGH TIMES PROVIDES SOME TIPS ON HOW TO LOOK AFTER YOURSELF

Doctor's visit: When was the last time you visited the Doctor for a checkup? You should visit at least every 12 months. Get them to check your blood pressure, heart, lungs and perhaps a cholesterol check. If you are struggling with mental health now would be a good time to mention it.

Exercise: Make a plan. Make it achievable and part of your routine. Walking the dog each day or riding to work. Build up the intensity slowly. Don't overdo it. Soreness or injury will only put you back further on your fitness goals. Benefits of exercise include, improved sense of well being, feeling more relaxed and positive, increased energy, better sleep and can even help with many common mental health challenges.

Diet: Dieting is not about detoxing or cutting out carbs. For most of us it's simply portion size, variation and reducing the fat, salt and sugar in our meal choices. It can be that simple to make better choices.

Alcohol Consumption: Do you really need to drink as much as you do? Need? Perhaps that's the wrong word. We don't need it. But we make a conscious decision to drink or not. Noting the health and social impacts associated with alcohol; maybe we should be asking ourselves that very question?

Hydration: Is so important for your body to run properly. At least 2L of water per day is recommended.

Fresh Air: Don't underestimate the power of fresh air and sunshine. Get out and enjoy it at least once a day. It will benefit your physical and mental health.

The 5 WAYS to Wellbeing!
Be Kind, Give, Smile, Be Active

www.ndch.org.au

Mrs Jones



CORONAVIRUS (COVID-19) | RESTRICTIONS REMAIN IN PLACE

If you are unwell, please stay at home.

The greatest risk of transmission of coronavirus (COVID-19) is between adults. Please follow these physical distancing measures:

- avoid gathering in a group inside or around the school



- keep 1.5m between yourself and other adults



- avoid handshakes and hugs



- wash your hands regularly.

