

MURRABIT GROUP SCHOOL



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NEWSLETTER

- 12th August, 2020

School Values:

- Respect
- Honesty
- Teamwork
- Learning
- Persistence

*Murrabit Group School respectfully acknowledges
the traditional custodians of the land.
We pay respect to their ongoing living culture.*

Dates to Remember:

12th August School Council Meeting
14th Sept. End of Remote Learning

*“Good communication is the bridge
between confusion and clarity.”*

Hello Everybody

The return to remote and flexible learning has been a smooth one. I thank the efforts of students, staff and parents for ensuring that this has been the case. Returning to remote learning is not something that we wanted but we are all following the directions of the Victorian Government in the hope that we can get the COVID19 virus under control quickly.

Staff have put an enormous amount of effort into ensuring their grades were well prepared, parents and students were well informed and wellbeing and learning having been the priorities. Individual programs have been devised for students

so that all children are able to continue to develop at their level. Feedback from parents is crucial so please contact your class teacher if you have any concerns.

Again the support of parents has been outstanding. Thank you for supporting each other and the school at this difficult time. The children continue to be fantastic with the way they apply themselves to their schooling, with lots of smiles as well.

A reminder that if you are sending your child to school for onsite learning, parents need to fill out an onsite learning form by Thursday each week. A reminder though that if your child **can** learn from home they **must** learn at home.

We will again be putting together a slideshow of remote learning so please send through any photos of your child/ren's remote learning experiences to your classroom teacher or to me (greg.adams@education.vic.gov.au).

ICT Support

If you are having any issues with ICT please contact your child's teacher or myself. It is crucial that your child has the best access available to ICT and we will work with our ICT technician to do this. We have already solved quite a few ICT issues and no doubt more will arise. Please give me or your child's teacher a call and we will endeavor to solve it ASAP.

Cleaning

Thank you to Donna Thomson who is doing a fantastic job with the COVID clean as well as the normal cleaning. This requires Donna to come in at 11am every day to clean areas that have been used, as well as come in after school every day. This is a department requirement at this time. We really appreciate your efforts Donna.

Grade 2/3/4 Renovations

The restumping of the Grade 2/3/4 room is finished and the floor is now very flat. The relaying of carpet and vinyl will begin next week. Very exciting.

An account of the progress **by Ivy Shea**

Today the builders are working hard. One of them is making cement near the big shed. They get here early in the morning, and even work on the weekends! We can hear them listening to music and talking to each other. There are 3 men here today. The building is going to have white inside of it, freshly painted walls and nice carpet. The carpet will be like the rest of the school. All the bag hooks are on the east side now. It is going to look awesome!

Grade 6 Transition

Jack Keath and Lachlan Maher attended the Kerang Technical High School on Friday as transition to high school in 2021.



Throughout the day they were provided with a tour of our school and facilities, greeted staff members and had exposure to a range of subjects. They were also able to further develop friendships from neighbouring schools.



School Council

School Council was postponed last week because of the reintroduction of Remote Learning. It will take place **tonight at 6pm**.

Parent Surveys

Parent Opinion Surveys are now due. They can be posted to the Murrabit Store by this Friday, the 14th August. Thank you to everybody who has returned the survey so far.

In Home Education Support

A reminder that the Gannawarra Shire are offering 'in home education support' for families who would like help managing the requirements of home schooling. This support can include one on one student support or ICT help by home care personnel from the Gannawarra Shire.

Have a great week, **Greg**



**On site learning –
Jeanette helping Ivy with her work**

Curators

- August – 1st Half – More**
- 2nd Half – **Thomson**
- September – 1st Half – Keath**
- 2nd Half - **McDonald**



Gannawarra & North Loddon Local Sewers of Fabric Face Masks



We thank all the wonderful home sewers in our community making fabric mask to help keep our community keep safe. This list is so community members in Gannawarra and North Loddon know where they can get locally made fabric masks.

NDCH also has a supply of free disposable face masks for community members who need some help to get hold of masks along with keeping COVID safe and community supports and services information. These masks are available through all NDCH sites in Kerang, Cohuna, Quambatook, Boort and Pyramid Hill. Local Post Offices in Koondrook, Lake Charm, Leitchville, Murrabit, Quambatook, Boort and Pyramid Hill will also have a small supply of these masks from Thursday, 13 August 2020.

Many local businesses also have face masks for sale, please consider supporting them as well.

Kerang

- Every Stitch Counts
- Bus Stop Recycle Shop
- Gravity Clothing (Lions Club)
- St Vincent de Paul
- Rotary Club of Kerang (Ron) - 0408 517 705

Koondrook / Barham

- Barham Jewellery on the Move
- Barham Newsagents
- Barham Murray Blue Clothing

Boort

- Boort Newsagency
- Boort Private Supplier (Marj) - 0428 554 252
- Boort Private Supplier (Jodie) - 0418 149 904
- Boort Private Supplier (Di) - 0439 290 922

Cohuna

- Cohuna Sport Store
- Fancy Face Masks by Nicole - Facebook
- 35 Men's - Clothing Shop
- Cohuna Private supplier (Amanda) - 0429 906 954
- NDCH (Cohuna Neighbourhood House supplied)
- Lions Club - 0400 576 383

Leitchville

- Leitchville Private Supplier (Kim) - 0425 217 275

Pyramid Hill

- Pyramid Hill Private Supplier (Abi) - 0447 015 964

Quambatook

- Quambatook Community Resource Centre



- Each Mask Maker has their own cost and arrangements for collecting masks
- Be safe and secure when handling money and transactions
- Be kind and respectful to our community Mask Makers
- We are all in this together!



NDCH has not confirmed the appropriateness or effectiveness of each suppliers masks. Find more information about face masks at www.dhhs.vic.gov.au/face-masks-and-coverings-covid-19

List correct as of 7 August 2020. This list will be updated every two weeks. If you are a local sewer making masks and want to be added to the list contact NDCH on 5451 0200.



Northern District Community Health

NDCH-your first port of call in the pursuit of good health!

Talking to your child about Face Masks

Many children may find it confusing or even scary that adults are now wearing masks outside the house. Here are some tips to help you talk to your children about the reasons we are wearing them.

Make the time to talk about

Pick a time when you can give your child your full attention. It might be bedtime, tea time, bath time, or simply a quiet time at home. Having a face mask with you may help to reduce fear or stigma too.

Use positive & reassuring tones

By using calm and positive tones when you speak with your child about masks you are reducing negativity. Be sure to check your own attitude to masks before talking with your child and not bring any negativity into the conversation.

Use language your child understands

Stick to the facts and use examples that your child understands. For example 'healthy people are wearing masks to stay healthy' or 'we wear masks so that germs such as spit or saliva don't get spread'.

Tune in

Ask your child how they feel and let them know that their feelings are ok. Perhaps you could share your coping strategies with them.



<https://raisingchildren.net.au/guides/coronavirus-covid-19-guide/face-masks-coronavirus-children>

www.ndch.org.au



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Homelessness Week 3 – 8 August

Anyone can be Homeless

Sudden unemployment, domestic violence, lack of affordable housing, mental illness can all contribute to homelessness. Natural disasters, such as bushfires, can also leave people without a home. But being homeless does not always mean living on the streets. Often they are living between family and friends houses or emergency accommodation.



Our Community

Homelessness often goes unnoticed in our community. However, every year NDCH supports over 200 community members who are homeless or at risk. More than 500 children are a part of these families.

Talk to kids about Homelessness

It is important to talk to your kids about homelessness. Don't be afraid to talk about it. Build compassion and empathy, not fear in your children. More often than not, homelessness is not due to alcohol or drugs. Let your children know that there are a lot of reasons that someone might be homeless.

www.ndch.org.au



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Dental Health Week 3 – 9 August

HOW MUCH SUGAR IS HIDING IN YOUR TROLLEY?

Sugar can be harmful to teeth. Food items often have added hidden sugars. Have no more than 6 teaspoons of sugar per day. Choose foods with less than 10 grams of sugar per 100 grams. Look out for hidden sugars by reading food labels.



TIPS FOR LOOKING AFTER YOUR CHILDREN'S TEETH

DRINK WELL

Drink mostly tap water. Limit sugary drinks – flavoured milk, soft drink and juice can be harmful to teeth. Choose plain milk over flavoured milk.



EAT WELL

Enjoy a variety of nutritious foods from the 5 food groups every day – fruit, dairy, vegetables, grains, lean meats & poultry. Limit foods containing added sugar, especially between meals.



CLEAN WELL

Brush teeth and along the gum line, morning & night. Use low-fluoride tooth for children aged 18 months – 6 years old. Use fluoride toothpaste after this.



VISIT THE DENTIST

Don't wait until something is wrong – many problems can be prevented or treated. Children should visit the dentist every 6 months.



www.ndch.org.au

COVID-19 TESTING

Screening and Assessment Clinic



Anyone who has any symptoms, no matter how mild, such as a runny nose or scratchy throat, should stay home and get tested.

STEP 1 – PHONE FIRST  **03 5451 0200**
 Call the NDCH hotline to discuss your symptoms.
 Monday to Friday – 9.00am to 12 Noon

STEP 2 – SWABBING CLINIC
 Testing is available by appointment only, in Kerang, Cohuna and Bort.
 Monday to Friday – In the afternoon
Having a test is free.
 This is **NOT** a standard Medical Clinic service. Walk up appointments are **NOT** available. **You must phone first.**

STEP 3 – STAY HOME
 After your test, you must stay home until you get your test results back.

If you have symptoms and are unable to travel, Gannawarra Shire Council is providing a transport service to any testing clinics held in Gannawarra townships. Please call 5450 9333 for this service.

Check the NDCH Facebook page and community newsletters for information about pop-up testing clinics in the Gannawarra Shire in the coming weeks.

Common symptoms of Coronavirus are:

Temperature Including fever or chills 	Breathing Difficulties Including breathlessness or sore throat 
Fatigue or Tiredness 	Cough or Runny/Stuffy Nose 
Headache or Body Aches and Pains 	Lack of Taste or smell, Nausea, Vomiting, Diarrhoea 



Parents & Friends

Kind regards, Michelle & Sara 😊

Students of the Week

Bookclub

<https://www.scholastic.com.au/book-club/book-club-parents>

Music:



Xavier Murray – for having a go at playing bass on Ho Hey.

Well done! 🎵

Ivy Shae – for having a positive attitude towards playing the guitar,



and playing the spare one well when hers was being fixed.

Italian:



Stella Ettershank - writing a good paragraph in Italian and English.

Kobe Teasdale – for having a positive attitude to his



learning and for always being ready to help others.

Mrs Jones

