

# MURRABIT GROUP SCHOOL



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## NEWSLETTER

- 11<sup>th</sup> November, 2020

### School Values:

- Respect
- Honesty
- Teamwork
- Learning
- Persistence

*Murrabit Group School respectfully acknowledges  
the traditional custodians of the land.  
We pay respect to their ongoing living culture.*

### Dates to Remember:

- 20<sup>th</sup> Nov. School Photos  
26<sup>th</sup> Nov. Prep Transition – 9 - 1:45  
27<sup>th</sup> Nov. Pupil Free Day  
2<sup>nd</sup> Dec. Swan Hill Excursion  
School Council Meeting  
3<sup>rd</sup> Dec. Parents & Friends AGM

*“Good communication is the bridge  
between confusion and clarity.”*

Hello Everybody,

Today we stopped to remember those who served our country in the many wars that Australia has fought in. This involved watching the special service via facebook from the Shrine which included the Last Post and one minute's silence. Later, the grade 5/6's, led by school captains Jack Keath and Lachlan Maher, laid a wreath at the Murrabit Cenotaph. Lest We Forget.

### Parent Opinion Survey

A reminder about the Parent Opinion Survey. If you could take the time to complete the survey and return it we would greatly appreciate it as we value your feedback. The final day for the survey is this **Friday, the 13<sup>th</sup> November.**

### School Council

#### Report Writing Day and Murrabit Market

School Council met last Wednesday. Among the decisions they made included a Pupil Free Day on Friday 27<sup>th</sup> November for Staff Report Writing, and that the school support the Murrabit Market when it opens again on Saturday 5<sup>th</sup> December and for future markets after this. The market will be conducted according to strict COVID19 guidelines, ensuring the safety of workers and visitors. A roster will be sent home in the near future.

### School Photos

A reminder about school photos. The date for this is Friday 20<sup>th</sup> November.

### Grade 6 Transition

With the lifting of restrictions, I am expecting news on transition be sent to me from Barham High School and Kerang Tech High School. When I receive this I will notify students and staff of the details.

### Prep Transition

It was great to have our 2021 Preps at school today for their Prep transition. They stayed for longer today, not leaving until 1:45am. This gave them the chance to experience more of what school has to offer.

Have a great week, **Greg**

## School Photos

School photo order forms have been sent home and need to be returned before the photo day which is **Friday 20<sup>th</sup> November**. This year the group format will change with the portrait photos replacing the traditional group photo.

This decision has been made for health reasons, as well as to ensure the spread of photographers to help all schools get photos in the limited time left in the academic year.

The preferred payment method is online, as the school does not handle the money.

## Market Morning Teas

The Murrabit Market is going ahead from the December market, the following families are on duty for the Morning Teas:- **Edgley, Morton, Shae, McDonald, Henderson and Gurnett.**

This roster continues on from the last market that was held in March.

Next year's roster will be sent home soon.



## Bookclub

Bookclub order forms have been sent home and need to be returned before **Monday 30<sup>th</sup> November**.

This is the final bookclub for the year.

If you would like to purchase books as gifts for Christmas, please let us know and we will keep them at school instead of sending them home with your child. We will then contact you to arrange a time for them to be picked up.

## Parents & Friends

A quiet time for P&F as we wait for our mangoes to be delivered. With restrictions and some limitations still in place we have not made specific plans for events at this time.

The next meeting will be our AGM planned for **Thursday Dec 3rd** (time to be advised) with general meeting to follow. Please consider your availability and involvement in P&F for the upcoming year new members & ideas are always welcome.

Kind regards, Michelle & Sara ☺

## Students of the Week:



**Emily Murray** - for always showing excellent listening skills and doing her best during all learning activities.

**Pippy Morton** - for her excellent work ethic and positive attitude towards learning tasks.



**Callum Ettershank** – for his entertaining story writing

**Drew McNeil** – for his excellent use of 'voice' in his story writing

**Cooper Hein** – for his terrific reading result



**Charles Henderson and Xavier Murray** – for their excellent skills shown in Maths when using compasses

## Italian



**Alena Heritage** – for great work revising greetings in Italian



**Lyla Morton** – for excellent



drawing in our feelings book

**Leah Simmonds** – for winning two Kahoots games about fishing and furniture



**Xavier Murray** – for winning the

"Weather" Kahoot for the other learners to play.



**Lachlan Maher** – for writing a Kahoot about "Farm Animals" for the other learners to play.



**Will Ettershank** – for remembering animal and colour

vocabulary in Italian.



**Cooper Thomson** - for fabulous progress

reading in Italian

## Music:



**Jobe Hein** – for listening respectfully to others and making up songs on the xylophone



Angie Jones

## Sue's News

### Athletic Updates

Our '*mighty Murrabit*' children covered all 9 athletic skills in 9 sessions and the children did an amazing job revising and improving their skills in long jump, triple jump, high jump, shot put, discus, tee-ball throw, sprinting, hurdling and relays. It was wonderful to see the older children support the younger ones in their skill development. We will be looking forward to upgrading our equipment over the next few weeks as we will be spending our Sporting School's money! Yay!

## Mini – Athletics

Well done to our *super athletes* who participated with enthusiasm in our **mini-circuit athletics** on Wednesday (and the music was pumping as we were all running and jumping!) We also did some extra activities such as egg and spoon relays, three- legged and wheelbarrow races. Well done to **Jack and Lachie** for their entertaining and inspiring speeches. Everyone looked great in their colours and the sun finally shone! Thank you to the 2/3/4 who helped mark our tracks last week during mathematics. It was a great way to integrate measurement to real life learning. Thank you to the staff who helped on the day and to Vince for his magnificent mowing.

## Gymnastics...here we come!

Gymnastics has started! This unit of work involves bars, weight on hands, balancing, rolling and springing. As we will be upside down at times, sporting nicks under dresses would be most practical! We love GYM!

## Halloween Happenings...

### ....a slight hiccup.

After Miss Wren and I spent all lunch time decorating apples (thanks Gwen M for lending us your apple corers... you saved the day) and tying them to string, would you believe on the last apple the whole line collapsed and became very tangled (of course!) We improvised and had fun anyway! We all loved playing 'murder in the dark' after our apple eating disaster!

## Swan Hill Pioneer Settlement Excursion...finally out and about!

We have booked a day out for the whole school on Wednesday December 2nd More details and costing for this day will be in next week's newsletter. We are excited! Stay tuned!

**Thanks Oopsie Sue.**

## Curators

- November** – 1<sup>st</sup> Half - **Edgley**
- 2<sup>nd</sup> Half – **Heffer**
- December** – 1<sup>st</sup> Half – **Hein B&N**
- 2<sup>nd</sup> Half - **Shea**



## LIBRARY NEWS - Australia Reads

On Monday morning our whole school had the wonderful opportunity to participate in an online session of 'Australia Reads'. This was run live through YouTube. It gave the students the opportunity to hear from some very famous authors and illustrators. The host was Jacqueline Harvey (Alice Miranda) who read an excerpt from her new book she especially wrote for Australia Reads called 'Kensy and Max'. Then came Peter Helliar – TV presenter and author (Frankie Fish and the Sonic Suitcase). He told us that he was inspired to write after reading 'The Magic Faraway Tree'. He also read a piece from his new book (Frankie Fish and the Tomb of Tomfoolery) which he wrote especially for Australia Reads. We also had Sam Bayly and Beck Feiner talk about illustrating books. Next came Andy Griffiths who told us how he met Terry Denton. It was a great story but did we believe him? Ursula Dubosarsky is the current Children's Laureate and she read from her book 'The Terrible Plop'. Anna Feinburg of Tashi fame read from her new Tashi book. Then Osher Gunsberg, also a TV host and author read us the story 'Do Not Lick This Book!' UGH!! Overall I hope it was a worthwhile experience for the students.

**Jeanette Coulter**

**Bar-rook Swimming Club Inc.**  
**Swimming Training**  
**Starts on the**  
**24<sup>th</sup> & 25<sup>th</sup> of November**  
**Koondrook Swimming Pool**  
**Membership Fee \$80**



*Free Two Weeks Come & Try*

*All membership forms must be completed at the first session & all membership must be paid electronically by the 14 days of commencement.*

**Learn – to- Swim Groups (4 years plus)** Learn-to-swim group at 4:15 -4:45pm Tuesday **or** Wednesday weekly (*Must be confident in the water, time may change if demand for lessons if high*)

**Advanced Learn-to Swim Groups & Junior Groups** Junior Groups 5:00 – 5:55pm (*All swimmers must be confident in the water*)

**Intermediate, Advanced & Advanced Plus Groups** 6:00 – 7:00pm on Tuesday & Wednesday weekly

**Enquiries: Sharon McInnes, Treasurer:**  
**0438531366**



### The Benefits of Being Active Outdoors



Many of us have discovered the joy of being active outdoors since COVID-19 restricted our daily movements. With the weather at its best right now there are many reasons to continue to enjoy being active outside.

#### Vitamin D

The best form of Vitamin D comes from direct sunlight. While we encourage you to practice sun smart behaviours, getting just 20 minutes of direct sun exposure on your skin a day is the most effective form of Vitamin D. Vitamin D is good for your bones, teeth and muscles.

#### More chance of incidental exercise

Incidental exercise-exercise which is not planned- was one of the things many of us were missing during the restriction periods. By actively choosing to exercise outdoors you are more likely to increase your incidental exercise –such as daily steps or movement- while going outside and as a result of being outside.

#### Improved Mental Health by Taking Notice

Being outside improves our mental health. The act of noticing our surroundings is a form of mindfulness and helps calm our anxiety by bringing us back to the present. Noticing changes in the weather, the flora and fauna or simply the beauty of nature helps us appreciate where we are and what we have in any given moment and stops our thoughts running forward or backwards.

[www.ndch.org.au](http://www.ndch.org.au)



**BE ACTIVE and TAKE NOTICE**



This November local Women are encouraged to enjoy our beautiful Gannawarra outdoors and join in our fitness classes. Sessions are FREE but are limited to 10 persons due to current restrictions.

Bookings via [www.ndch.org.au/events](http://www.ndch.org.au/events)

**STAINLESS STEEL DRINK BOTTLES TO GIVEAWAY**

#### Session Details

- 12/11/20 – 10.15am at Koondrook – Rach Robertson Fitness: 30 minute exercise session
- 18/11/20 – 10.00am at Cohuna – Love Your Lifestyle Yoga: 1hr Yoga session
- 19/11/20 – 10.00am at Quambatook – Sara McNeil NDCH Exercise Physiologist: 45 minute exercise session
- 19/11/20 – 10.15am at Koondrook – Rach Robertson Fitness: 30 minute exercise session
- 23/11/20 – 6.45pm at Kerang – Belinda Batchelor of The FitSpace Kerang: 45 minute exercise session
- 26/11/20 – 9.30am at Murrabit – Sara McNeil NDCH Exercise Physiologist: 30 minute exercise session
- 27/11/20 – 7.00am at Kerang – Belinda Batchelor of The FitSpace Kerang: 45 minute exercise session



YOU CHOOSE YOUR HARD  
- TFSK -  
THE FIT SPACE KERANG



